

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

## Summer Silver Menu 2019

**caterlink**  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 02.09.19 23.09.19 14.09.19 18.11.19 09.12.19	<b>Main</b>	50% Plant Based Spaghetti Bolognaise	Sausages with Baked Potato Wedges and Gravy	Roast chicken & Stuffing with Roast New Potatoes & Gravy	Chicken and Bean Fajitas with Rice	Salmon Fish Finger / Fish Fingers, Chips and Tomato Sauce
	<b>Vegetarian</b>	Wholemeal Pasta Neapolitan with Spinach	Quorn Sausages with Baked Potato Wedges and Gravy	Creamy Vegetable Pie with Roast Potatoes & Gravy	Mixed Bean Cassoulet with Rice	Cheese and Pepper Whirl with Chips
	<b>Sandwich</b>	Tuna Mayonnaise Sandwich	Cheese Wrap	Hot Roast Chicken Baguette	Houmous and Roasted Veg Brown Baguette	Fish Finger Wrap
	<b>Dessert</b>	Carrots Garden Peas Sticky Toffee Apple Crumble with Custard Yoghurt Fresh Fruit Platter	Sweetcorn Green Beans Chocolate and Beetroot Brownie Yoghurt Fresh Fruit Salad	Fresh Mixed Seasonal Vegetables Chocolate Cocoa Cookie Yoghurt Fresh Fruit Platter	Grated Carrot Salad Cauliflower Iced Sponge Yoghurt Fresh Fruit Salad	Baked Beans Garden Peas Fruit and Yoghurt Station
<b>Week 2</b> 09.09.19 30.09.19 04.11.19 25.11.19 16.12.19	<b>Main</b>	Beef Burger in a Bun with Baked Jacket Wedges	BBQ Chicken with 50/50 Rice	Roast gammon with Roast Potatoes & Gravy	50% Plant Based Beef Lasagne with Garlic Bread	MSC Fish Fingers, Chips, Tomato Sauce
	<b>Vegetarian</b>	Quorn Burger in a Bun with Baked Jacket Wedges	Macaroni Cheese	Lentil and Basil Puff Pastry Turnover with Roast Potatoes	Vegetarian Fajitas with 50/50 Rice	Vegetable Pasty with Chips
	<b>Sandwich</b>	Tuna Mayonnaise Sandwich	Egg Mayonnaise Sandwich	Hot Roast Gammon Baguette	Cheese Brown Baguette	Fish Finger Wrap
	<b>Dessert</b>	Crunchy Carrot Sticks Peas Chocolate and Banana Square Yoghurt Fresh Fruit Salad	Green Beans Coleslaw Lemon Drizzle Yoghurt Fresh Fruit Platter	Fresh Mixed Seasonal Vegetables Apple Flapjack Yoghurt Fresh Fruit Salad	Broccoli Sweet corn Peach Upside Down Cake with Custard Yoghurt Fresh Fruit Platter	Baked Beans Garden Peas Fruit and Yoghurt Station
<b>Week 3</b> 16.09.19 07.10.19 11.11.19 02.12.19	<b>Main</b>	Wholemeal Beef and Red Pepper Pizza with New Potatoes	Beef Meatballs with Mashed Potatoes and Gravy	Roast Chicken & Stuffing with Roast Potatoes & Gravy	50% Plant Based Chicken Tikka Masala with Rice & Curry Bread	MSC Fish Fingers, Chips, Tomato Sauce
	<b>Vegetarian</b>	Wholemeal Cheese and Tomato Pizza with New Potatoes	Chickpea Aloo Chat with Rice	Vegetable Wellington with Roast Potatoes & Gravy	Lentil and Sweet Potato Curry with Rice & Curry Bread	Red Pepper and Cheese Frittata with Chips
	<b>Sandwich</b>	Tuna Sandwich	Egg Mayonnaise Sandwich	Hot Roast Chicken Baguette	Tuna Mayonnaise Wrap	Fish Finger Wrap
	<b>Dessert</b>	Sliced Carrots & Green Beans Mixed Fruit Crumble with Custard Yoghurt Fresh Fruit Salad	Sweetcorn Tomato Salad Vanilla Shortbread Yoghurt Fresh Fruit Platter	Broccoli and Cauliflower Sliced Cheese, Apple and Biscuits Yoghurt Fresh Fruit Salad	Tomato & Onion Salad Diced Cucumber Apple Pie with Custard Yoghurt Fresh Fruit Platter	Garden Peas Baked Beans Fruit and Yoghurt Station